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.@NBCThisisUS star @ChrissyMetz brings her #ThisIsMe book tour to the @KimmelCenter, 3/26. More info @kimmelcenter.org. #ThisIsUs #ArtHappensHere

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**NBC'S *THIS IS US* STAR CHRISSY METZ
COMING TO THE KIMMEL CENTER
FOR THE *THIS IS ME* BOOK TOUR
MARCH 26, 2018**

***This Is Me: Loving the Person You Are Today* will be published on March 27**

FOR IMMEDIATE RELEASE (Philadelphia, PA, March 12, 2018) — This spring, join NBC's *This is Us* star Chrissy Metz on her *This Is Me* book tour. It will be an evening of honest conversation, moderated by NBC10's Emmy Award-winning anchor and reporter, Jacqueline London. The conversation will be about life and its lessons – featuring real advice, tough love, and shared moments of are-you-kidding-me, I-wish-I-was laughter, taken from the pages of Chrissy's forthcoming memoir *This Is Me: Loving the Person You Are Today*. Chrissy will share the struggles and triumphs of her life, and invites you to join her on a journey not just of self-acceptance, but of embracing the lives we want and deserve. Chrissy Metz will appear at the Kimmel Center's Perelman Theater on Monday, March 26 at 8:00 p.m. as part of her *This Is Me* book tour.

"We are excited to hear Chrissy's story of her highs, lows, and ultimate journey to discover her truth in performance," said Anne Ewers, President & CEO of the Kimmel Center for the Performing Arts. "We are proud to support storytellers like Chrissy, and hope that her messages of encouragement and perseverance speak to all of our guests."

When This Is Us first debuted, viewers embraced a show that celebrates human connection and the power of family. The critically acclaimed NBC series is now beloved and viewers overwhelmingly relate to the humor, depth, and vibrancy Chrissy Metz brings to playing Kate Pearson.

Chrissy plays Kate, a woman struggling with her weight, eating habits, and body image. ET named her as one of six "breakout stars you will fall in love with this fall." *People Magazine* named her to the "One's to Watch." Chrissy is best known for her roles in *American Horror Story: Freak Show*, *Loveless in Los Angeles*, *Solving Charlie*, *My Name is Earl*, and *Entourage*, to name a few.

Tickets to the **This Is Me Tour** include a copy of Chrissy Metz's forthcoming memoir, *This Is Me: Loving the Person You Are Today* (March 27, 2018; \$26.99, Dey Street Books).

Chrissy Metz says, "I cannot wait to share this time and some of my most personal stories and life lessons with you all!"

Dey Street Books is a division of HarperCollins Publishers. For more information please contact Dey Street Books' Senior Director of Publicity Heidi Richter at (212) 207-7478/heidi.richter@harpercollins.com.

Chrissy Metz is represented by Creative Artists Agency (CAA), which developed and will oversee the **This Is Me Tour**. A full list of tour dates is available at HC.com/ThisIsMe.

Other featured upcoming performances at the Kimmel Center Cultural Campus include: **Deepak Chopra** (March 15, 2018, Merriam Theater), **The FUN Show with Cat & Nat** (March 25, 2018, Merriam Theater), **Maks, Val & Peta Live on Tour: Confidential** (April 3, 2018, Academy of Music), and **Bill Murray, Jan Vogler, and Friends: New Worlds** (April 4, 2018, Academy of Music).

THIS IS US STAR CHRISSY METZ

Perelman Theater

March 26, 2018, 8:00 p.m.

Tickets

Tickets are on sale now and start at \$40.00. Tickets can be purchased by calling 215-893-1999, online at kimmelcenter.org, or at the Kimmel Center Box Office. Group sales are available for groups of 10 or more and can be purchased by calling 215-790-5883. See kimmelcenter.org for more information.

The Kimmel Center for the Performing Arts

Located in the heart of Center City, Philadelphia, the Kimmel Center's mission is to operate a world-class performing arts center that engages and serves a broad audience through diverse programming, arts education, and community outreach. The Kimmel Center Campus is comprised of the Kimmel Center for the Performing Arts (Verizon Hall, Perelman Theater, SEI Innovation Studio, and the Merck Arts Education Center), the Academy of Music (owned by the Philadelphia Orchestra Association), and the Merriam Theater. The Kimmel Center is also home to eight Resident Companies: The Philadelphia Orchestra, Opera Philadelphia, The Pennsylvania Ballet, The Philly POPS, PHILADANCO, The Chamber Orchestra of Philadelphia, The Philadelphia Chamber Music Society and Curtis Institute of Music. With nearly 9,000 seats per night, The Kimmel Center for the Performing Arts is the region's most impactful performing arts center, and the second largest in the country. TD Bank, America's Most Convenient Bank, is the season sponsor of the Kimmel Center's 2017-2018 Season. American Airlines is the official airline of Broadway Philadelphia. For additional information, visit www.kimmelcenter.org.

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